



VOYAGEUR TRAIL NEWS

PUBLISHED BY THE VOYAGEUR TRAIL ASSOCIATION, A MEMBER OF F.O.H.T.A.

BOX 66, SAULT STE. MARIE, ONTARIO P6A 5L2

No. 41

EDITOR: GUY K. M. SMITH

WINTER 1988/89



WHAT? DID YOU SAY THE TRAIL GOES
STRAIGHT AHEAD?!

On This Issue's Cover... the art of deftly skiing through insanely tangled underbrush, over buried logs and stones, and between immovable maples and yellow birch - in the true spirit of the VTA bushwack skier. Don't be put-off by this somewhat exaggerated description; it is really quite fun. Get out and give it a whirl!

VTA EXECUTIVE

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UPCOMING TRIPS

Saulteaux Section

March 4, 1989 Bushwack on skis (or snowshoes) the Nettleton Lake area. About 10 km. Meet at the Market Mall* by the gas bar at 10:00 am. Bring lunch.

March 25 -Final ski of the season. The weather may determine the the route but we plan to ski just northwest of town. Meet at Market Mall with lunch at 10:00.

April 15 - Spring ice breakup trip. We plan to hike in the Gros Cap area. Trip will involve some climbing, so bring sturdy boots. Bring lunch. Meet at Market Mall at 10:00.

May 7 - Hike in conjunction with the Sault and Region Conservation Authority. A good short family outing of about 3 km and 2 hours. Meet at the Sugar Shack by Kinsman Park at 10:00

May 13 - Beat the bugs out to Randolph Lake area for a hike on this newly refurbished piece of trail. A good chance to see the spring wildflowers. About 10 km. Bring lunch and meet at Churchill Plaza by the gas bar at 9:00 am.

May 14 - Mothers Day hike. Take mother into the woods. A short family oriented outing of about 2 hours, with a couple of steep hills and a beaver dam to cross. Wiener roast for lunch after. Meet at Market Mall at 10:00.

Michipicoten Club

February 25 Ice fishing trip to Treeby Lake. Meet at Wawa Post Office at 9:00 am to arrange car shuffle. Bring lunch, fishing licences, snowshoes, bait. No cans or bottles or live minnows allowed. Call 856-4270 for more information.

March 19 Cross-country ski trek from Wawa to ski hill. Meet at Carl M. Beck school to arrange car shuffle.

Next Meeting Tentatively
April 18, 1989.

Please Note

All hike leaders are unpaid volunteers. Participants do so at their own risk. You should bring a change of clothing and spare socks for winter trips.

SILVER SATURDAY

The air was still and cool. The smoke from woodstoves was curling into the morning air and mixing with the silver clouds. The pine boughs hung with the weight of the winter snowfall. Every branch had a shining coating of silver frost. The countryside looked like a picture on an old Christmas card. The woods were both eerie and picturesque, and they beckoned one to explore.

This was the scene that greeted 17 faces at the top of the Carpin Beach Road on January 14, 1989 as the waxdown commenced for the first Saulteaux Club outing of the year. Once entered, the woods did not disappoint. The previous several storms of meteorological mixture made the snow hard enough so that one didn't sink down to far, so long as one stayed on skis. Thus, the skiing was relatively easy, save for a gully by Bennett Creek, where we wallowed for a while. The enchanting frost stayed on the trees all day, creating an effect that was special. Sounds carried. We debated whether a distant grunt was a moose or a cow. We skidded across a shrubby area, then through some maple woods as we went east along the hiking Trail. Then we crossed a new footbridge on the Trail and slid through some conifer forest, before coming to the

deep gully that holds Bennett Creek. This is where we looped around through some steep terrain before coming back to our trail for lunch.

Lunch was eaten at the bottom of a large rock face. We built a small fire for warmth, and to get that smokey smell into our clothing (a prerequisite for outdoor trips). You never know what the main subject of conversation will be. On a fall hike, we discussed the coriolis force in great deal. On this day, we did an in-depth analysis of Little Miss Muffet.

Soon, we packed up and finished our silver Saturday by returning to the cars. The last part of the trip back involved a long pleasant downhill glide. Now it is time to wait to see what will transpire on the next trip.

Steve Taylor

JOB CREATION PROJECT
BENEFITS VOYAGEUR TRAIL

Thanks to the persistent hard work of several VTA members, the Association obtained funding to hire a crew of workers to conduct maintenance and construction on the Voyageur Trail. During the week of October 3, 1988, Saulteaux Club President Steve Taylor, Forestry Job Corps Manager David Wells, and Project Manager and seasoned VTA member Tom Allinson, conducted interviews and hired a crew of seven men. The project was funded by the Federal Government, under the "Section 38" job creation program.

Tom Allinson had overall responsibility for the project and Foreman Len Munt was hired as the trail boss. The crew braved one of the most miserable Octobers on record; 139.9 mm of precipitation fell that month, above the normal for the month by 65.7 mm. (That was the month when, on the weekend of October 27, the OPP and Sault Search and Rescue had to aid cottagers stranded in the Batchawana Bay area when the Chippewa River burst its banks).

Despite the inclement weather, the crew completed an impressive list of accomplishments. The following are excerpts from the project report written by Tom Allinson:

- succeeded in getting a small article printed in "Sault This Week"
- dropped off brochures at the Chamber of Commerce and held some dialogue about the trail
- extensive walkways were laid through the swamp at Mable Lake
- a walkway was built where the trail crosses below Twin lakes
- a bridge was built on the northern section over the creek from Prince Lake
- 10 km of trail was gone over on the Red Rock "loop"
- three small bridges were built on the Echo Ridges section
- A small bridge was rebuilt in the area of Tower Lake-Bass Lake Road section
- a bridge was laid across the stream west of Mabel Lake
- a bridge was built approx. 2 km west of Goulais Avenue and another east of the Carpin Beach access
- two small bridges were built west of the Prince Lake road
- worked on and erected signs

-made spare signs, built box to store equipment in, and made entries into VTA computer.

Tom further writes in his report: "the project was, I feel, worthwhile in that portions of the trail were "rediscovered" and a number of bridges were built. In many cases it is hard to gather together enough volunteer labour to build a bridge. Two or three people can only carry so much weight and that limits the size and length of the stringers. Eight 4-litre cans of paint were applied, and 'umpteenth million' maple suckers were cut".

The work probably sounds like an intensive work party-a two-month work party which contributed a great deal to the maintenance of our trail. Next time you encounter some of the trail improvements described above, pause a moment to consider the work put last fall by the six crew members, the crew boss, and Project Manager Tom Allinson. Steve Taylor deserves some credit as well for his foresight and determination in preparing a proposal, enduring bureaucratic documentation demands, and obtaining project approval from the Canadian Employment and Immigration Commission.

****HELP****

The Newsletter Editor needs input from you, the readers. If you have any photographs, preferably black and white prints, or shots which can easily be made into black and white prints, please send them to the Editor. Photos of VTA themes are needed for covers of upcoming issues.

A FIRST FOR THE VTA

At the Board meeting prior to the Annual General Meeting last October 22, it was proposed that the Association award a Life Membership to one of its members who has given so much and so unselfishly to the furthering of the aims and goals of the Voyageur Trail Association. This person was present at the first meeting of interested people, held at Blind River in 1973. At that meeting, people from as far east as Espanola, from the Sault and everywhere between, gathered to hear about a proposal for a long-distance hiking trail from South Baymouth on Manitoulin Island, to Thunder Bay. The trail was to be known as "The Voyageur Trail".

Interest was high and virtually all present promised support. One of these, Mr. Norm Ledietz of Blind River, has never let up from that day until the present, and was instrumental in organizing the Penewobikong Club, recruiting members, and creating the Penewobikong Section. I don't wish in any way to belittle the efforts of the other members, but I'm sure that they will all agree, that Norm was the driving force that put the Section on the ground. His intimate knowledge of the countryside and his love for it has resulted in one of our more interesting sections. Further, as a retired sign painter for the former provincial Department of Highways, Norm has willingly and skillfully applied his talents to the signs and logos that mark the Voyageur

Trail. He was featured on the cover of our Newsletter No. 14, Fall, 1979.

For Norm's unending enthusiasm, his unstinting contribution to organization and particularly to trail building, it was unanimously approved by the Board that it grant a Life Membership to Norm Ledietz.

At the following Annual General Meeting, President Peter Stinnissen made the announcement, and congratulated Norm on being the first person to receive this award. It is with much joy that I bring to the attention of all our members by this notice, this momentous and well-deserved award to our most distinguished, admired, and humble member, Norman K. Ledietz.

Paul D. Syme

NEWS FLASH

VTA News readers will be thrilled to know that the Association has taken a bold technological leap into the realm of the micro-computer. The very newsletter that you are reading right now was typed-in, and "processed" using the VTA's new Ancom Computer. The computer is IBM compatible and uses the MS-DOS system to run the "Wordperfect" wordprocessing package.

The computer also stores the complete VTA membership list, and printed out the label used to mail your copy of the newsletter to you. The

new computer means a new method of producing the newsletter and mailing labels. Please inform your Membership Secretary, Patrick Capper, of any errors you may note on your name and address label.

TRAILMIX

The Ganaraska Trail is almost complete from Port Hope to Devil's Glen. The "Ganaraska Trail News" reports that the job is far from finished, because loop trails must be added in scenic areas, ongoing maintenance is needed, sections presently located on road must be re-routed, and the heritage value of the area has to be more actively promoted. Wow, the club sure is ambitious!

Would you like some "Alternatives"? For critical and informed analysis about environmental problems facing our age, Alternatives Incorporated, a non-profit charitable organization, publishes "Alternatives: perspectives on society, technology and environment". The magazine claims to "combine the rigour and analytical depth of seasoned scholarship with the liveliness and provocativeness of serious journalism." Recent issues have dealt with the following topics: science and technology, sustainable development, genetic hazards in the workplace, native

community values, and an environmental bill of rights.

Alternatives operates in cooperation with the Faculty of Environmental Studies at the University of Waterloo.

Subscription costs \$15.00 for 4 issues. Further information may be obtained by writing Alternatives c/o Faculty of Environmental Studies, University of Waterloo, Waterloo, Ontario, N2L 3G1.

The Superior Hiking Trail Association (USA) was incorporated in 1986 to develop, promote and maintain a continuous foot-path along the ridgeline overlooking the North Shore of Lake Superior. "When complete the 200 mile trail will offer a challenge to end-to-end hikers or to those who choose a more leisurely pace, a section at a time. The trail is accessible from many market exits along Highway 61." (Excerpts from brochure). Membership is open to all, (individual \$10US, family \$15US per annum). For information write: Superior Hiking Trail Association, P.O. Box 2175, Tofte, Minnesota, 55615.

The Engineering Department for the City of Sault Ste Marie is now reviewing a feasibility study into garbage recycling. Therefore, now is a good time to make your opinions known about this matter, as you could have some impact on decisions to be made. Phone, or preferably write your alderman if you would like to see recycling in the Sault. Contact Andrea Welz, 942-3119 if you would like more information, or if you would like other pertinent contacts.

The Voyageur Trail will be officially closed on Monday, February 27, 1989. Please respect the rights of private landowners who generously permit us to use their property.

BACKPACKING IN JULY A HOT TICKET

Here is a February spectacular to raise you from the cold depths of mid-winter despair into the burning hot, sunny days of July, 1988. Recall Steve Taylor's account of the memorable VTA backpacking trip in the Penewobikong Section last July 1-3. Steve's article began in the last issue of VTA News, (Fall, 1988). Those heroic hikers were Larry Gringorten, John Berry, Dieter and Erika Ropke, Virve and Rachel Squire, Steve Taylor, Lisa Purdy, Barry Cooke, Donna Weeks, Roddie Larsen, and Brian Zaviz.

We left the "spirited crew" at McGivern Lake, where they stayed the night rather than pushing on. Except for the annoying persistence of the Whip-poor-will's call, the setting was serene. Steve Taylor's story concludes...

The first two days of the trip were sunny, and temperatures were in the comfortable mid to high-20's celsius. It was warm for

hiking, but not too uncomfortable. On Sunday, as we packed-up to leave, it already seemed to be warm. We were now on the trail blazed by Jack Smit, so we could move fairly quickly. The trail was quite easy to follow, but we had about 14 km to go. The heat continued to build as we approached Turtle Lake, and we sweated copiously as we hiked up on the rocks above this long steep-sided lake. Several of us were stung by wasps at one point.

We eventually came to a beautiful rocky point and bay mid-way down Turtle lake where we all swam and ate lunch. It was a much-needed and timely break. This was the spot where we had wanted to camp on the second night, and it would have made a beautiful site, with majestic white pines and a breezy southwest exposure. After we left Turtle Lake, we still had about 8 km to go. The weather was intent on making it feel like about 28 km. This turned out to be the first day of the heat wave that gripped the area in early July. the temperature in Sault Ste. Marie reached 32 C that day, and it was probably higher on some of the rock outcrops that we crossed.

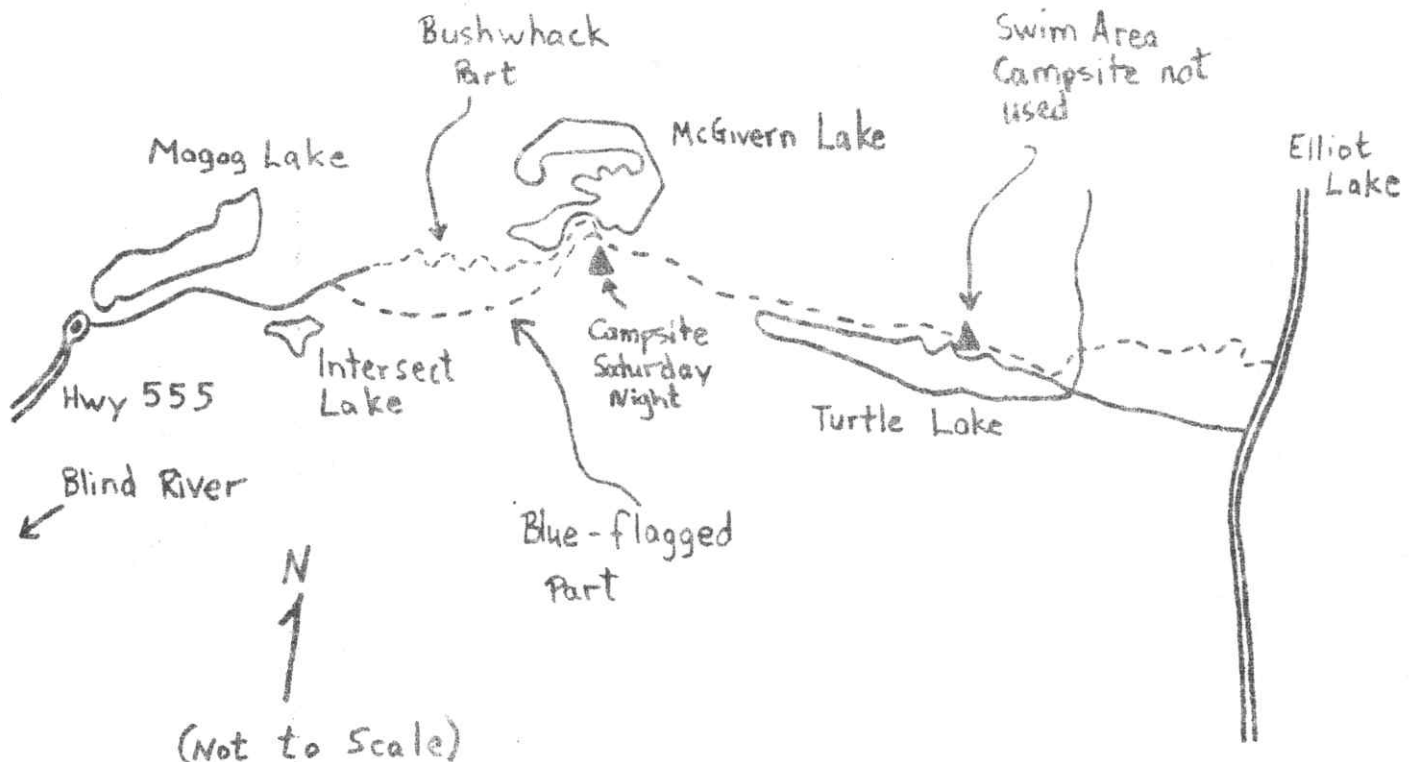
The path presented a few tricky turns, but for the most part it was easy to follow and not too difficult. On this day though, every small climb was a major task. Everyone finished their water long before the road, and there was no available water after Turtle Lake. I remember ploughing along in the heat and the flies, almost oblivious to the surrounding

terrain, hoping that the road was around the next bend.

Finally, we reached the road, and a great surprise. John Berry had managed to get ahead of the rest of us, and had driven into town to buy up about 25 COLD soft drinks. John has probably never made as many good friends as quickly as he did then.

We revived ourselves, noted that we had survived, and noted that in spite of the difficulty, we had all maintained fairly good spirits.

MAP SHOWING ROUTE OF JULY 1988
VTA BACKPACKING ADVENTURE



NOTE -One can follow a combination of blue flagging and blazing to do this trip. I recommend that it be considered as a three day trip as we had planned, but prepare yourself for a long first day. Jack Smit says that the blue flagged portion from McGivern Lake westward is on easier terrain than our bushwacking route, so it is reasonable to plan to reach McGivern Lake if sufficient time is allowed. This would be a good spring or fall hike to consider. As we found, it is a tough route in hot weather because of the lack of proximity to water in some areas and the exposed rocks.

Note that this is truly a wilderness route with no human dwellings or roads for most of the trip. All hikers attempting this trip should bring a map and compass and know how to use them. A special thanks to Jack Smit for helping us to plan the trip.

Steve Taylor

VTA HIKERS TAKE ON THE
COLORADO ROCKIES

After about a year of talking and planning this trip with Roddie Larsen, I left the Sault on August 18 with great excitement and anticipation. I reached Roddie's place in Wisconsin that day and we headed for Colorado early the next morning. We arrived in Denver, Colorado in the early evening of August 20. Early the next morning we headed over the mountains towards Glenwood Springs where Roddie's son lives. On the way we stopped near Silverthorne to try our first day hike and to acclimatize to the elevation.

This first hike was along the Rock Creek Trail to the boss Silver Mine. We started hiking from approximately 9,000' and went up to about 10,500'. The weather was somewhat damp and drizzly with low clouds. Roddie kept assuring me that this was

very unusual. The hike back down didn't take long and then we continued on to Glenwood Springs.

After stocking-up on some of our last "civilized" food, we hiked up to see Doc Holliday's grave. When we finished this short hike we set out for Basalt (about 15 miles away) where we set up camp at a KOA which would be our base for the next few days.

The next day we rose early and four-wheeled to about 9,000' and then hiked to Thomas Lakes (apprx. 10,200') and had a leisurely lunch at the lake side with a great view of Mt. Sopris (12,900'). This was a relatively easy hike with fantastic views of the surrounding countryside.

Wednesday, August 24

We drove to Maroon Lake Campground to start our backpacking trip. Maroon Lake is at 9,600'. With butterflies in our stomachs and slightly shaking knees, we donned our packs and hoped that we hadn't forgotten any vital equipment. The whole day was uphill through beautiful country. We made camp at around 11,000' after hiking for 5 hours. The first day wasn't too difficult but we were pretty tired and were in bed by about 7:30 pm.

Thursday, August 25

I was awakened at 5:30 am by an elk coming through our campsite. As soon as I moved, it galloped off. The morning's hiking was uphill to West Maroon Pass (12,480') but what incredible views when we

arrived there! It was like sitting on the top of the world, as we had a snack and took photographs at the Pass. My knees felt the strain as we descended and began our trek to Frigid Air Pass (12,400').

The climb to Frigid Air Pass was quite steep on loose, rocky terrain. The view from the top was nice, but I thought it less spectacular than the view from West Maroon Pass. We saw a flock of sheep in the valley we were about to descend into to seek a campsite. After 8 tiring hours on the trail we found

some nice campsites which all had signs on them saying "CLOSED FOR REVEGETATION". Eventually we camped just off the trail and not too far from the North Fork of the Crystal River, just above some waterfalls. We were camped at about 10,600' and were again in bed early after hiking approximately 6 1/2 miles and two passes at an elevation of over 12,400'.

Friday, August 26

Today, the trail followed the river and falls down into Fravert Basin, at the bottom of which was a beaver dam. Our challenge was to cross the North Fork of the Crystal River. The river had no logs or rocks to cross on so we had to take off our boots and socks to wade across. At the junction of trail to Lead King Basin and Geneva Lake we met a group of people on a pack trip with horses. Here, we started our climb from about 10,000' to 11,300', switchbacking all the way, although the map didn't show it). This was the worst climb of the entire trip. Near Geneva Lake we met a man who was hiking with two llamas.

We found a very nice campsite at Geneva Lake. A group of Jewish people on a meditational retreat were camped nearby. We were relaxing at our campsite after supper when we heard a lot of yelling and shouting across the lake. We looked over to see two of the "meditators"

stripped-down and pouring water from the lake over each other. We took out Roddie's camera with the telephoto lens and enjoyed our entertainment for the evening.

... look for the conclusion to this Rocky Mountain High experience - next issue,

Written by:

Donna Weeks

NOTE: Readers will be interested to know that Donna Weeks will give a slide show and talk about her Colorado adventure at the Saulteaux Section's Annual Banquet this April 13.

****IMPORTANT NOTICE****

A NUMBER OF MEMBERS HAVE NOT RENEWED THEIR MEMBERSHIP SINCE 1987. IF YOU HAVE NOT RENEWED YOUR MEMBERSHIP SINCE 1987, YOUR LABEL WILL BE MARKED WITH AN '87' AFTER YOUR NAME. IF YOU HAVE AN '87' ON YOUR LABEL, THIS WILL BE THE LAST NEWSLETTER THAT YOU WILL RECEIVE UNLESS YOU RENEW. IF YOU HAVE PAID RECENTLY AND YOUR NEWSLETTER IS MARKED WITH AN '87', PLEASE BRING THIS ERROR TO OUR ATTENTION



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Ph. (705) 759-2757 Tom Weidon
Joe Meating

SUPERIOR WATERSPORTS is starting its 5th year of business serving outdoor enthusiasts in the north. We can offer the widest selection of canoes (we will have a small inventory on hand this spring), quality GREY OWL paddles, the time-proven line of EUREKA! tents and CAMP TRAILS packs as well as TREKK (cdn. made) sleeping bags and SILVA compasses, canoeing accessories (carrying yokes, DULUTH packs) and various other outdoor equipment. We have the lowest prices and best quality available on all our products. Call Tom anytime for information, brochures and prices at 759-2757!

THE VOYAGEUR TRAIL NEWS is published three times per year. Your articles and submissions are always welcome! Submissions for the Spring Issue should be given to the Editor by April 1, 1989. Send to Editor, VTA, Box 66, Sault Ste. Marie, Ontario, P6A 5L2.

INVITATION

SAULTEAUX CLUB - VOYAGEUR TRAIL ASSOCIATION

ANNUAL DINNER
THURSDAY, APRIL 13, 1989

Buttermilk Village - Schnitzel Haus

Menu - Beef Rouladen with Mushroom Gravy
Cabbage Rolls Perogies Salad
Rice Vegetables Assorted Breads
Black Forest Cake / Mocha Butter Cream Cake
Tea / Coffee

\$15.50 per person includes tax, gratuities, bus ride to and
from Buttermilk Village.
Children under 12, only \$8.00

Dinner at 7:00 p.m.

Those taking the bus must meet at the K-Mart Plaza parking lot
before 6:00 pm. The bus will leave at 6:00 sharp.

After dinner slide presentation by club member Donna Weeks,
HIKING IN COLORADO

Tickets available until April 6,
1989. Mail the section below with your cheque to:
Mrs Susan Graham
26 Primrose Drive
Sault Ste Marie, Ontario
P6B 4E6
Telephone 949-4105

or contact Steve Taylor at 759-2480 evenings.

NAME _____

ADDRESS _____

POSTAL CODE _____

NUMBER OF TICKETS _____

AMOUNT ENCLOSED (NO. TICKETS x \$15.50) _____

PLEASE DO NOT SEND CASH IN THE MAIL. MAKE CHEQUES PAYABLE TO
VOYAGEUR TRAIL ASSOCIATION, SAULTEAUX SECTION



VOYAGEUR TRAIL ASSOCIATION

Box 66, Sault Ste. Marie, Ontario, P6A 5L2.

THE TRAIL USERS CODE

- Hike only along marked routes. -Do not climb fences, use the stil
- Carry out all garbage (if you can carry it in, you can carry it o
- Light cooking fires at official campsites only - drench fires use (better still, carry lightweight hiker's stove).
- Leave flowers and plants for others to enjoy.
- Never strip bark from trees. -Protect and do not disturb wildlife
- Keep dogs on the leash on or near farmland.
- Walk around the edges of fields, not across them.
- Leave only your thanks and take nothing but photographs.

The membership year of the Association runs from January 1st to December 31st. Dues paid after November 1st will be applied to the next membership year.

Fee includes membership in one Voyageur Trail Club. To join additional V.T. Clubs, add an extra \$2.00 (\$1.00 for student) for each Club.

MEMBERSHIP FORM

NEW ☐ or RENEWAL ☐ (Please che

Sections (please check)

- ☐ Association-at-large
- ☐ Saulteaux V.T.C.
- ☐ Echo Ridges V.T.C.
- ☐ Desbarats V.T.C.
- ☐ Thessalon V.T.C.
- ☐ Iron Bridge
- ☐ Penewobikong V.T.C.
- ☐ Elliot Lake
- ☐ Spanish
- ☐ Massey
- ☐ Rainbow V.T.C.
- ☐ Little Current
- ☐ Sheguiandah
- ☐ South Baymouth
- ☐ Sudbury V.T.C.

- ☐ Thunder Bay V.T.C.
- ☐ Nipigon
- ☐ Casque-Isles V.T.C.
- ☐ Marathon
- ☐ Pukaskwa Park
- ☐ Michipicoten V.T.C.
- ☐ Lake Superior Park
- ☐ Batchawana
- ☐ Goulais

NAME _____

ADDRESS _____

POSTAL CODE _____

PHONE () _____

DECLARATION

I have read and will abide by the TRAIL USERS' CODE

signed _____

Date _____

FEES

Individual	-----	@ \$7.00	=	-----	
Family	-----	@ \$7.00	=	-----	
Student	-----	@ \$3.00	=	-----	
Crest	-----	@ \$1.00	=	-----	
Lapel Pin	-----	@ \$3.00	=	-----	
Guidebook, Members	-----	@ \$5.00	=	-----	
Guidebook, Non-Members	-----	@ \$8.00	=	-----	
Donation (qualifies for income tax deduction)				=	-----
Total Amount Enclosed				=	-----

SIGN UP A FRIEND

Come to the...

Third Ontario Hiking Conference

at The University of Western Ontario
London

MAY 19-22, 1989



HIKE FOR THE HEALTH OF IT

HOSTED BY THAMES VALLEY TRAIL ASSOCIATION

CO-SPONSORED BY HIKE ONTARIO AND FANSHAWE COLLEGE

CONFERENCE REGISTRATION FORM

NAME: _____ TRAIL AFFILIATION: _____

ADDRESS: _____

CITY: _____ POSTAL CODE: _____

PHONE # HOME: _____ BUSINESS: _____

TOTAL AMOUNT OF CHEQUE/MONEYORDER ENCLOSED: \$ _____ DONATIONS: \$ _____

CHEQUES MAY BE POST-DATED TO APRIL 15, 1989

Please enclose your cheque/money order made payable to **FANSHAWE COLLEGE/HIKE ONT.CONFERENCE** with your registration form OR complete the credit card information below. Registration forms without payment attached cannot be processed.

_____ VISA _____ MASTERCARD CARD NUMBER _____

EXPIRY DATE _____ SIGNATURE _____

We welcome donations to help defray conference costs. If you want a tax receipt, please make your donation payable to: **HIKE ONTARIO TRUST FUND** and forward it to: Mike Curtis, 22 Argyle Dr., GUELPH, Ont., N1G 2P2 Please indicate that you are making a donation to the Hiking Conference.

Return your conference registration form, your cheque/money order, program selections and your accommodation and meal choices to:

THIRD ONTARIO HIKING CONFERENCE
c/o **FANSHAWE COLLEGE**
School of Continuing Education
P.O. Box 4005
London, Ont. Attn. Mr. Joe Dunn
N5W 5H1

CONFERENCE REGISTRATION FEE SCHEDULE

FEES		TYPE	COST	##	TOTAL
EARLY BIRD FEES		Person	\$ 45.00	----	\$ -----
[on or before April 15, 1989]		*Family	\$ 70.00	----	\$ -----
		Student/Senior	\$ 35.00	----	\$ -----
FEES AFTER APRIL 15, 1989					
		Person	\$ 55.00	----	\$ -----
		* Family	\$ 80.00	----	\$ -----
		Student/Senior	\$ 45.00	----	\$ -----
SINGLE DAY	Circle day(s) chosen				
	SAT SUN MON	Person	\$ 30.00	----	\$ -----
	SAT SUN MON	*Family	\$ 55.00	----	\$ -----
	SAT SUN MON	Student/Senior	\$ 20.00	----	\$ -----

* Children No Charge REGISTRATION DEADLINE **1 MAY, 1989.** Grand Total \$ _____
LATE REGISTRATION FEE \$ 10.00

Baby-sitting services will be available at extra cost. Check box if you require this service []

Post Conference 'Certificate of Attendance will be issued where requested.

Check box if certificate is required. []

ACCOMMODATION and MEAL PACKAGES

SAUGEEN-MAITLAND HALL, UNIVERSITY OF WESTERN ONTARIO

Package A : THREE NIGHTS; FIVE MEALS

Accommodation: Night of Friday, Saturday and Sunday

Meals: Saturday - Breakfast and Lunch; Sunday - Lunch; Monday - Breakfast and Lunch

TYPE	COST	# #	TOTAL
One Person	\$ 107.00	_____	\$ _____
* Two Persons	\$ 92.00 per person	_____	\$ _____
* Family	\$ 92.00 per person	_____	\$ _____

No charge for children sharing room with adult. Please bring sleeping bags.

Children's meals	\$ 35.00 / child	Grand Total \$
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Check box if smoke-free rooms preferred ☐

* Room to be shared with _____

Package B: TWO NIGHTS; FIVE MEALS

Accommodation: Saturday night and Sunday night

Meals: Saturday - Breakfast and Lunch; Sunday - Lunch; Monday - Breakfast and Lunch

TYPE	COST	##	TOTAL
One Person	\$ 83.00	_____	\$ _____
* Two Persons	\$ 73.00 per person	_____	\$ _____
* Family	\$ 73.00 per person		\$ _____

No charge for children sharing room with adult. Please bring sleeping bags.

Children's meals	\$ 35.00 / child	Grand Total \$
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Check box if smoke-free rooms preferred []

* Room to be shared with _____

CAMPING

Limited group camping has been reserved at Fanshawe Park. For advance reservations, contact UPPER THAMES RIVER CONSERVATION AUTHORITY directly at (519) 451-2800 or write to U.T.R.C.A., P.O. Box 6278 Station 'D', London, Ont., N5W 5S1. Be sure to mention the Third Ontario Hiking Conference.

SPECIAL EVENTS

As part of the special events we have arranged for special meals. Reservations for these meals must be made at the time of registration.

Please indicate below in which meals you wish to participate:

			##	TOTAL
Banquet	Saturday 6.30 p.m.	\$ 20.00 per person	_____	\$ _____
Pancake Breakfast	Sunday 8 a.m.	\$ 6.00 per person	_____	\$ _____
Barbeque	Sunday 6 p.m.	\$ 12.00 per person	_____	\$ _____

Check box if vegetarian meals are required []

Box lunches will be provided as required for off site activities.

Grand Total \$ _____

FRIDAY, May 19, 1989

5:00 - 7:00 p.m. Registration
7:00 p.m. Wine and Cheese
9:00 p.m. Square Dance
(Cash Bar)

SATURDAY, May 20, 1989

9:00 - 10:30 a.m. Final Hike of the
Heart Valve Hike-A-Thon
(Adelaide St. to University)
11:00 - 11:45 a.m. Hike-A-Thon
Awards ceremony
6:30 p.m. Banquet (tickets required)
8:30 p.m. Guest Speakers
10:00 p.m. Dance (Cash Bar)

SUNDAY, May 21, 1989

7:00 a.m. Non-denominational Church
Service
8:00 a.m. Pancake Breakfast (tickets required)
4:00 p.m. Hike Ontario Meeting
6:00 p.m. Barbeque (tickets required)

An acknowledgement of receipt of your registration fees and reservations will be made once we have processed your registration.

For Program Selection, See next page.

PROGRAM SELECTION

Please indicate your 1st, 2nd and 3rd choice in the box provided for each time block. Place a "1" beside your first choice; a "2" beside your second choice, and a "3" beside your third choice.

EXAMPLE: In Time Block 1 your three choices might be ☒ 1E, ☒ 1C and ☒ 1F. Make a record of your choices and return this form, together with your registration form. **NOTE:** All sessions will be filled on a first come, first serve basis.

Full details of activities will be available in the information package to be to be picked up at the Registration Desk in Saugeen-Maitland residence.

TIME BLOCK 1

Sat. Afternoon, May 20,

☐ 1A Sat. - 1:15-2:30
RABIES -Dr. Charles MacInnes

☐ 1B Sat. - 1:15-2:30pm
BUTCOING A HEALTHY HIKING ORGANIZATION -Robert Collins

☐ 1C Sat. - 1:15-2:30pm
MUSHROOM COLLECTING ON THE TRAIL -Jim Traquair

☐ 1D Sat. - 12:30-4:30pm
HIKE ON THE THAMES VALLEY TRAIL, #7 Highway to St. Mary's -Charlie Aberhart
*Special Start Time 12:30pm

☐ 1E Sat. - 12:30-3:30pm
HIKE-HISTORICAL TOUR OF ST. MARY'S
*Special Start Time 12:30pm

☐ 1F Sat. - 12:30-3:00pm
HIKE IN THE WESTMINSTER PONDS AREA -Dave Wake
*Special Start Time 12:30pm

☐ 1G SAT. 12:30-3:00pm
HIKE IN THE DALEWOOD CONSERVATION AREA - Loretta Vaughan
*Special Start Time 12:30pm

TIME BLOCK 2

Sat. Afternoon (Continued)

☐ 2A Sat. - 2:45-4:00pm
FITNESS, ANY AGE, ANY BODY -Professor Glynn Leyshon

☐ 2B Sat. - 2:45-4:00pm
HIKING TO A BETTER WORLD - Owen Williams

☐ 2C Sat. - 2:45-4:00pm
ARTIFICIAL HEART VALVE DESIGN -Dr. Gordon Campbell

☐ 2D Sat. - 2:45-4:00pm
HIKING IN THE 21st CENTURY -Dr. E. Pleva

☐ 2E Sat. - 2:45-4:00pm
TRAILS, AN IMPORTANT RESOURCE -Terry Crabe

TIME BLOCK 3

Sun. Morning, May 21, 1989

☐ 3A Sun. - 9:00-10:15am
WILDLIFE AND THE HIKER - Tom Purdy

☐ 3B Sun. - 9:00-10:15am
MAP READING, OR WHERE AM I NOW? -Dean Gugler

☐ 3C Sun. - 9:00-10:15am
HOW TO PREPARE YOUR DOG FOR THE TRAIL -Nonie Smart

☐ 3D Sun. - 9:00-2:00pm
HIKE ON THE ELGIN TRAIL, St. Thomas to Port Stanley - Ron Lawrence

TIME BLOCK 4

Sun. Morning, (Continued)

☐ 4A Sun.- 10:30-11:45am
WALKING LIGHT ON THE LAND -Eva Durance

☐ 4B Sun. - 10:30-11:45am
THE NEW GRAND VALLEY TRAIL -Chris Hart

☐ 4C Sun. - 10:30-11:45am
ARTIFICIAL HEART VALVE DESIGN -Dr. Gordon Campbell

☐ 4D Sun. - 10:30-11:45am
MAXIMUM STAMINA THROUGH NUTRITION -Paul Jaconello M.D.

☐ 4E Sun. - 10:30-11:45am
PHYSIOTHERAPY AND HIKING - Lorie Forwell

☐ 4F Sun. - 10:30-11:45am
PSYCHOLOGICAL BENEFITS FROM HIKING -Dr. Trevor Smith

TIME BLOCK 5

Sun. Afternoon, May 21, 1989

☐ 5A Sun. - 1:15-2:30pm
CHINA-HIKING THE GREAT WALL (SORT OF) -Mike Curtis

☐ 5B Sun. - 1:15-2:30pm
AGING AND EXERCISE - Dr. Donald Patterson

☐ 5C Sun. - 1:15-2:30pm
HIKING TO A BETTER WORLD - Owen Williams

☐ 5D Sun. - 1:00-3:00pm
HIKE ON THE THAMES VALLEY TRAIL, Thorndale Bridge to the Golf Course -Ron Gill

☐ 5E Sun. - 1:30-4:00pm
HIKE AT THE CEDARCROFT NATURE PRESERVE -Barb Bain, Helen Inch

☐ 5F Sun. - 1:15-2:30pm
CLOTHING AND EQUIPMENT - Pam Bain

TIME BLOCK 6

Sun. Afternoon (Continued)

☐ 6A Sun. - 2:45-4:00pm
HOW TO PREPARE YOUR DOG FOR THE TRAIL -Nonie Smart

☐ 6B Sun. - 2:45-4:00pm
THE EDGE OF THE URBAN TRAIL (Photography) - Professor J. Ogletree

☐ 6C Sun. - 2:45-4:00pm
TRAIL DEVELOPMENT AND MAINTENANCE -Craig Macdonald

☐ 6D Sun. - 2:45-4:00pm
SURVIVAL-A STATE OF MIND - Jack Foote

☐ 6E Sun. - 2:45-4:00pm
LAND ACQUISITION AND NEW TRAIL DEVELOPMENT -Paul Peterson

☐ 6F Sun. - 2:45-4:00pm
BEST FOODS TO PACK -Kate Schottle

TIME BLOCK 7

Mon. Morning, May 22, 1989

☐ 7A Mon. - 9:00-11:45am
MEDICAL EMERGENCIES ON THE TRAIL (Simulation) -Bill Savage
*Double session-ends at 11:45 am.

☐ 7B Mon. - 9:00-10:15am
WHAT ARE BIKERS DOING TO OUR TRAILS? -Lorne Davis

☐ 7C Mon. - 9:00-10:15am
MUSHROOM COLLECTING ON THE TRAIL -Jim Traquair

☐ 7D Mon. - 9:00-11:45am
WILDFLOWER IDENTIFICATION (At Circle R Ranch) - Millie Russell
*Double session ends at 11:45 am.

☐ 7E Mon. - 9:00-10:15am
WEATHER SIGNS AND WARNINGS -Phil McLaughlin

☐ 7F Mon. - 9:00-12:00
HIKE ON THE MEDWAY TRAIL - Steve Winder

☐ 7G Mon. - 9:00-15:15am
ELEMENTARY SCHOOL OUTERS' CLUBS - Bruce Calvert

☐ 7H Mon. - 9:00-11:30am
HIKE AROUND THE UNIVERSITY GROUNDS - FRANK COOKE

TIME BLOCK 8

Mon. Morning (Continued)

☐ 8A Mon. -10:30-11:45am
WEATHER SIGNS AND WARNINGS -Phil McLaughlin

☐ 8B Mon. -10:30-11:45am
CHINA-HIKING THE GREAT WALL (SORT OF) -Mike Curtis

☐ 8C Mon. -10:30-11:45am
THE EDGE OF THE URBAN TRAIL (Photography) - Professor J. Ogletree

☐ 8D Mon. -10:30-11:45am
HIKING IN THE 21st CENTURY -Dr. E. Pleva

TIME BLOCK 9

Mon. Afternoon, May 22, 1989

☐ 9A Mon. - 1:15-4:00pm
ELDON HOUSE TOUR

☐ 9B Mon. - 1:15-4:00pm
VISIT TO STORYBOOK GARDENS

☐ 9C Mon. - 1:15-4:00pm
VISIT TO THE LONGWOODS CONSERVATION AREA, Ska-Nah-Doht Indian Village

☐ 9D Mon. - 1:15-4:00pm
ORIENTEERING CONTEST