



VOYAGEUR TRAIL NEWS

No. 102 SPRING 2009

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Published by the
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The Voyageur Trail Association is a non-profit, volunteer group dedicated to building and maintaining a public hiking trail along the northern shores of Lakes Superior and Huron, from Thunder Bay to Sudbury.

The VTA is a member of Hike Canada En Marche, Hike Ontario, Ontario Trails Council, and Trans Canada Trail.

If you would prefer us to email you a short message when the VT newsletter is available on our web site, just send an email to: cheryl.landmark@sympatico.ca



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Endings and Beginnings *by Cheryl Landmark, Editor*

It is with regret that I announce the loss of a valuable resource for the Voyageur Trail News. After many years of applying her considerable skills and expertise to the layout of the newsletter, Gayle Phillips has decided to take a well-earned break away from the position. Her contributions and efforts in this capacity over the last several years have been invaluable and have certainly made my job as Editor much easier. Gayle has dedicated countless hours to creating a newsletter that is eye-catching, interesting and informative. My sincere thanks, Gayle! I have enjoyed working with you these many years and will miss your help and support.

Now, for some good news...

Let me introduce you to Dawn Elmore, who has graciously stepped up to the plate and volunteered to take on the role of Layout person. Dawn has been a VTA member since 2005 and lives in Goulais with her husband and young son. She loves hiking, snowshoeing and writing and, following a two-year hiatus from the VTA, wants to get involved once again in its activities. As Dawn says, "We live in such an amazing area and I hope to promote and contribute to the success of the VTA to ensure the organization is around

for a very long time."

Welcome aboard, Dawn! With your help, the VTA can continue to offer its members a first-class newsletter.



Dawn and son Wesley enjoying the outdoors at Mockingbird Hill Farms

Welcome New Members!!

Ginette Bellevive	Hazel Goodrum
Brenda Davies	Appaqaq Goodrum
Jim Davies	Lorraine Liss
Alex Davies	Elaine Mallory
Brandon Dudezki	Cheryl Morris
Jacob Dudezki	Alice Pitt
Kyle Dudezki	Julie Ringrose
J. Wilson Dunn	David Rowlinson
Bill Gardner	Mark Sicoly
Gerry Gelinis	Deborah Sicoly
Karen Gelinis	Jessica Sicoly
Janet Goodrum	Lauren Sicoly



The Paddling Partners are back!
See page 7 for more information



Hiking Boots - What to Look For

There have been radical developments in the past few years on hiking footwear. All are great improvements, but some ideas take a little getting used to. The heavy solid leather boots we grew up with have been rendered all but obsolete. Here is a quick recap of the “new” ideas for hiking.

Get the lightest shoe you can. Experts say that every extra pound that we carry on our feet is equal to 6 pounds in your pack. Old style boots could easily weigh 4 or 5 pounds a pair. The new breed are easily half that. The more you will carry in your pack, the sturdier your boot needs to be. Choose the lightest that will serve the purpose. Modern boots still have a solid shank and firm heel support, but are more cushioned and much lighter. Have a good idea of what you intend to do with them prior to shopping, and tell the sales associate your needs.

Do you need waterproof boots? All companies offer waterproof boots. Gore-tex is the old standby, but E-vent and Keen Dry are equally good products. These need to be seam sealed, along with a waterproof membrane that will still breathe, but not let water enter. The benefits of waterproof are obvious, if you need it. If not, a lighter ventilated boot may be better suited. Waterproof boots are definitely hotter, as there is little air circulation.

Choose boots with removable insoles. The insoles in shoes and boots are always the weakest link in support and comfort. If you want extra cushion, or need added support in the arch, being able to remove the factory insole and replace them with a better insole suited to your foot is important. They also will compress and wear out well before your boot.

Getting a good fit. Feet, as well as shoes and boots, come in a variety of widths. Only about 65% of people are a “standard” width. The heel needs to be snug, and there needs to be room in the forefoot. The toes should never touch the end or the top of a boot.

Submitted by The Richardson's at The Athlete's Foot

It may feel strange, but you need about ½” of room at your toe while standing, with your hiking socks on. Any less and you will be vulnerable to bruised and black toe nails. As you walk, especially down hill, your foot swells and drives forward. The proper fit and support of a boot comes when the mid part that is laced holds the foot in place.

Hiking and water sandals. One of the more interesting developments has been the Keen hiking sandals. These are as supportive as a light hiking shoe, yet can be worn right into the rivers, then back onto the trail. They have an iconic rubber toe cap to protect the feet, but are open to the air.

Socks. This has also been an area of great development. Wool has always been a staple of outdoor socks, and continues to work well, but instead of a bulky coarse feel, they now use merino wool blended with lycra and polyester. This gives a far better feel, they pass moisture better, and fit properly. We all love cotton clothing, but it has no place in socks. It will hold moisture and cause blisters.

I hope that this has been helpful in educating about what is offered in the new age of hiking shoes and boots. At The athlete's Foot, we have expanded our selection of quality footwear for your outdoor needs. We carry Keen, Merrell, New Balance, and Dunham. Our selection is mostly for light to medium hiking, but would be happy to special order anything that you need. Our staff has been trained to fit you properly, and welcome you to come and see our selection. The right shoe and the right fit go a long way to making your days outdoors enjoyable. **You will find a coupon on the last page of the newsletter.** Please present this coupon to the store, and we would be glad to offer you a 10% discount towards your next purchase. We also have a family purchase discount that will save you even more.



Saulteaux Club Annual

Dinner *by Dawn Elmore*

On Saturday, March 28th, members and friends of the Voyageur Trail Association gathered at Sandro's Restaurant for the Saulteaux Club Annual Dinner. A wonderful time was had by all, as old friends reunited and new friends were made. Susan Graham and Gayle Phillips did an amazing job of organizing the dinner, including gathering some excellent door prizes, of which Susan was the first winner!!

Saulteaux Club members were pleased to welcome some out-of-town guests to the dinner, including Sandra Arsenault, Craig Montgomery, and Patrick and Anne Capper.

Following a delicious meal, we were all treated to an amazing slideshow presentation by Carole Blaquiére. Carole and her husband recently travelled to Nahanni National Park in the Northwest Territories, where they canoed the Nahanni River from Rabbitkettle Lake to Nahanni Butte. We were all inspired by the amazing scenery (particularly Virginia Falls), and were entertained by Carole's story of the group's travels.

In addition to the spectacular scenery, I think we will all remember the pictures of the mosquitos and the description of having to scrape a layer of mosquitoes off your food before eating...making us all the more grateful for the bug-free dinner we had just enjoyed!

WHEN DOES YOUR VTA MEMBERSHIP EXPIRE?

Check the mailing label on this newsletter's envelope or the subject line in your email notice.

NOTE: Memberships can now be renewed online on the VTA website.

Call Mike at 705-779-3409 for more info!



We Need You!! *by Cheryl Landmark*

The following crucial positions are currently vacant on the VTA Coordinating Council. We need people to step forward and fill these positions if the VTA is to remain viable for the foreseeable future. The current executive is doing an excellent job of keeping the Association afloat, but they are rapidly approaching major burnout and fatigue. We need you to help us revitalize the VTA and bring fresh new ideas to the table. Please consider volunteering for one of the following positions or for any of the other positions on the Council that you might be interested in. We'd love to hear from you!

President:

- develops in conjunction with the Recording Secretary, the agenda for Council meetings and the Annual General Meeting, and chairs such meetings
- coordinates Association-wide activities in conjunction with the three Vice-Presidents
- prepares a report to members three times a year for publication in the Voyageur Trail News
- serves as spokesperson for the Association-at-large
- monitors, and coordinates where appropriate, activities of executive and committee members

Vice-President Central:

- Central is designated from Melwel Lodge Road west to and including Montreal River
- monitors, and coordinates where appropriate, activities of clubs within his/her region
- coordinates region-wide activities in conjunction with club presidents
- assists the President as requested to carry out Association-wide activities
- gathers regional trail status reports for presentation at meetings and in the newsletter
- assists the Publicity Director in publicizing the VTA within his/her region

Publicity Director:

- prepares and distributes brochures and other printed publicity materials for the Association
- prepares and distributes press releases for major events
- maintains the VTA display and arranges to set it up at significant venues
- speaks to media requests about the Association and its clubs
- maintains (if capable) the VTA web site, or arranges for someone to do this and coordinates the information presented there



Tools! ... Get your tools!

by Susan Graham

Trail maintenance is essential for hiking trails, as the re-growth of vegetation or falling trees and branches never ceases. Sections of the Voyageur trail that are well-used require little work except following exceptional storms, as the users tend to remove branches and their footsteps trample the vegetation. Unfortunately, much of the trail system is not so well-used and we need to be constantly "grooming".

The Voyageur Trail Association provides hand tools for trail grooming and trail development. Active clubs will have a supply of tools for their use. (Note: The VTA does not own power tools such as chainsaws, and special arrangements must be made when they are required.)

In Sault Ste. Marie, a supply of tools and blazes is kept at Susan Graham's house, with the balance at Mike Landmark's. If someone is leading a trail-maintenance outing or an individual wishes to do some work independently of the club, they can sign out the necessary hand tools, blazes, nails, etc. whenever they wish. If you know you're heading out on the trail, it's probably a good idea to have a pair of clippers and perhaps a saw with you to tidy up as you go. (Besides, it gives you a chance to catch your breath if you stop briefly to clip something or replace a blaze!) If everyone was in the habit of doing this, even our little-used sections would remain passable.

In the Saulteaux club, we encourage members to "adopt" a section of trail and be responsible for maintenance along its length. Usually some springtime maintenance and again in the late summer or fall is all that's required. If there is a considerable amount of work to be done, such as fallen trees to be removed or a trail reroute, the club can arrange for a work party to go in.

To make it easier for members who have either adopted a section of trail, or who simply want to do some work anytime they use the trail, hand tools may be signed out on a long-term basis. Should you have a preference for a particular brand or style, we will consider purchasing it for you when we are replacing tools. (Do we sound too desperate?)

I would encourage you to get out there and snip, clip, saw and drag not only for the good of the trail, but for the other muscle groups you'll be exercising! If you want to know more about borrowing tools or trail maintenance, call Susan at 949-4105.

Check the Saulteaux Club outing schedule for spring work parties.

Notice to Saulteaux Club Members

by Gayle Phillips

Do you have email? Would you like to receive a short email message between VTA newsletters to keep you up-to-date on Saulteaux Club happenings? If this appeals to you, please send an email to: voyageur.trail@sympatico.ca and ask in the subject line to be "put on the list". Here are some examples of what you might have received if I had your email address since the last newsletter...

News about the Annual Dinner which took place on Sat., March 28th; news about the revitalization of the "Paddling Partners"; reminders of upcoming meetings and trail maintenance dates, and lots more! In the fall of this year, the finished HUB Trail between Finn Hill and Northern Avenue will be "officially opened" (along with the Jim Miller Memorial) with a ceremonial ribbon cutting. Do you want to know when? I don't even know yet! But send me your email address I can 'message' you when I have more details!

Email: voyageur.trail@sympatico.ca right now and you will be kept "in the loop"!

If you haven't visited our Saulteaux Club page on the Voyageur Trail web site for a while (www.voyageurtrail.ca/saulteaux.html), pay it another visit. You will find not only the latest outing schedule, trail conditions and local links, but a link to our BLOG (with posted minutes of our meetings among other things), a PHOTO GALLERY and a link to our PADDLING PARTNERS! Bookmark the page and visit it often for the latest Club news. Participate by submitting photos or commenting on our Blog. We want the Saulteaux Club to become a close-knit community within a community. Let's use the electronic age to better "connect".

Bookmark < www.voyageurtrail.ca/saulteaux.html > right now!



OUTING SCHEDULES

This schedule was put together early and may have last-minute changes. Please call the outing leader listed to check if any details of the outing have been changed. This schedule is also on our web site < www.lvoyageurtrail.ca/saulteaux.html > Unless otherwise indicated, these outings are all a Level 2, slow (according to Hike Ontario recommended ratings.) Typical meeting locations: Goodlife building, 589 Second Line East (Second Line side); Market Mall, 275 Second Line West (on Korah Road corner); Churchill Plaza, 150 Churchill Blvd., (on Trunk Road between Lake & Wellington Streets) near the Beer Store; Wellington Square Mall, 625 Trunk Road, near the now closed restaurant.

Saulteaux Club

(Sault Ste. Marie and area — outings marked with an asterisk () are outside Sault Ste. Marie) For all outings, bring water, a lunch, dress appropriately and be prepared to sign an Assumption of Risk Agreement.*

Don McGorman plans to lead weekly trail maintenance outings throughout the spring, summer and fall, usually on weekday evenings and/or weekend days. To be on the email list for notification of upcoming events please contact him directly: mcgormd@hotmail.com [If you don't have email, call 942-1891.]

***Sat., Apr. 18** - Work party (weather permitting) on the Harmony Beach lookout trail with Bob (946-3126). Meet 10AM at Goodlife. Behaved pets welcome. Tools will be provided.

Sun., Apr. 26 - Our annual *Go to Blazes* work party with Gayle (942-1891). Meet 10AM at Goodlife. Tools will be provided. Behaved pets welcome.

Thurs., Apr. 30 - Work party with Susan. Tools provided. Call 949-4105 for details.

***Sat., May 2** - VTA Coordinating Council meeting in Elliot Lake.

Sun., May 3 - Hike in the Hiawatha Highlands with Ila (949-1097). Meet 10AM at Goodlife. Behaved pets welcome.

Thurs., May 7 - Work party with Susan. Tools provided. Call 949-4105 for details.

***Sat., May 9** - Wildflower hike to Robertson Cliffs with Mark (254-2356). Meet 10AM at Goodlife. Behaved pets welcome, but must be leashed at lunch.

Sun., May 10 - Annual Mother*s Day hike and weiner roast with Horst (971-4812 or 542-8978). Meet 10AM in the Market Mall parking lot. Behaved pets welcome but must be leashed at lunch.

Thurs., May 14 - Work party with Susan. Tools provided. Call 949-4105 for details.

Sat., May 16 - Hike with Doris (942-9466) in west end of city. Meet 10AM at Market Mall. Behaved pets welcome.

Sun., May 24 - Hike the Gros Cap loop trail with Gayle (942-1891). Meet 10AM in the Market Mall parking lot to car pool. Behaved pets welcome.

Mon., May 25 - Saulteaux Club bi-monthly meeting at 7PM in the Civic Centre. Call 942-1891 for more info.

***Fri., May 29** - Evening paddle on Lower Island Lake. Number of boats is limited, so call Mark (254-2356) or Jan (253-7536) for details.

***Sun., May 31** - Hike to Tier Lake with Dawn (649-4936). Meet at McCauley's Motel in Haviland Bay at 10:45 AM. Behaved pets welcome, but bring leash to cross highway.

***Sat., June 6** - Kayaking on Trout Lake. Number of boats is limited so call Mark (254-2356) for details.

***Wed., June 10** - Paddle on Upper Island Lake in honour of 'Rivers to Oceans Week' with Susan (949-4105). Meet 6PM at Goodlife.

Sun., June 14 - Afternoon family walk at the Sault Canal with Gayle (942-1891). Meet 1PM in the Sault Canal Visitor Centre parking lot. Behaved, leashed pets welcome.

***Sat., June 20** - Hike the Pancake Bay Nature Trail with Ila (949-1097). Meet 10AM at Goodlife to car pool. Please leave your pets at home for this outing.

***Sat., June 27** - Hike to Robertson Cliffs with Carole (649-2235). Meet at the Goulais River Country Store, corner of Pineshores Road and Hwy 17 at 10:30AM.

Wed., July 1st - Hike the Red Rock cottage area shoreline trail with Gayle (942-1891). Meet 10AM at Goodlife to car pool. Behaved pets welcome.

***Sat., July 4** - Kayak Wakamata Lake. Number of boats is limited so call Mark (254-2356) for details.

***Sun., July 12** - Paddle through Heyden Lake, Red Rock Lake, Finn Lake, Canoe Lake, Lower Island Lake and Upper Island Lake with Monica (777-1417). Longest portage is approx. 20 minutes. Meet at Heyden Gas Station at 10AM. Canoes available for rent from Heyden Adventure Camp (777-1010). Call for more info.

***Sat., July 18** - Hike near Lake Superior with Doris (942-9466). Meet Goodlife at 9AM. Behaved pets welcome.

Mon., July 20 - Saulteaux Club bi-monthly meeting at 7PM in the Civic Centre. We will plan our fall outing schedule. Call 942-1891 for more info.

***Wed., July 22** - Paddle on Upper Island Lake with Susan (949-4105). Meet 6PM at Goodlife.

***Sat., July 25** - Hike in the Goulais area with Carole (649-2235). Meet at the Goulais River Country Store, corner of Pineshores Road and Hwy 17 at 10:30AM.

***Sat., Aug. 8** - Hike the Desbarats Trail with potluck to follow. Meet at Wellington Square for 60 km drive at 10AM. NO pets please. Call Dieter/Erika 942-9636.

continued on page 6



OUTING SCHEDULES

(continued from page 5)

***Sat. Aug. 15** - Hike on King Mountain with Ila (949-1097). Meet 9:30AM at Goodlife to car pool. Behaved pets welcome.

***Sat., Aug. 22** - Overnight kayak trip in LSPP (either Lake Mijin or Garantua Harbour to Warp Bay). Number of boats is limited so call Mark (254-2356) to reserve your spot.

Sat., Aug. 29 @ 10AM - Introduction to geocaching on the Voyageur Trail. This event is suitable for all ages - families with young children, kids wanting a break from video games, fun-loving adults, etc. No experience needed - only the desire to have some fun while walking in the woods. Advance registration is required by August 25 - contact Bob (946-3126) or Steve (946-2484 email: steve.dominy@nrcan.gc.ca) for details.

***Sat., Sept. 5** - Hike near Lake Superior with Doris (942-9466). Meet 9AM at Goodlife. Behaved pets welcome.

Coueurs de Bois Outdoors Club

(Elliot Lake)

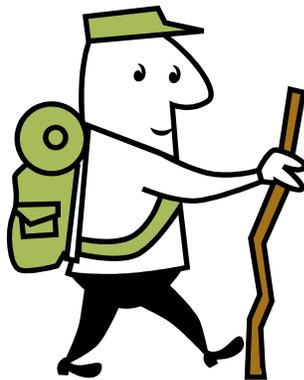
For fun fitness and friendship come and join us. Meet at 10:00 am in the Sears parking lot, unless otherwise noted. Regular Tuesday (easy), Thursday (intermediate) and Saturday (easy) hikes.

For the latest schedule and photos of outings, check our website at:

<http://www.coueursdeboiselliotlake.blogspot.com/> and/or The Elliot Lake Standard - Community Bulletin Board.

PLEASE CONTACT HIKE LEADERS FOR MORE INFORMATION.

For outings bring water, lunch, proper footwear and dress appropriately. Be prepared to sign an "Assumption of Risk Agreement". Make sure your fitness level corresponds to the outing level in which you wish to participate.



Hike Ontario Long Distance Awards Program by Dawn Elmore

Do you need some extra motivation to get out on the trails this summer? Do you enjoy working towards a goal and being recognized for your accomplishments?

Hike Ontario celebrates dedicated hikers who have logged long distances on multiple Ontario trails. Simply keep a hiking log, have it verified by an executive member of an Ontario hiking club, and submit it to Hike Ontario with a \$15 fee. For detailed information, check out the Hike Ontario website at www.hikeontario.ca.

You will receive one of the three awards below:



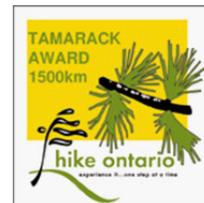
Red Pine Award -

The red pine is noted for its two needles, representing two trail systems to be hiked extensively. You must hike a total of 550 kilometers. You must hike at least 150 kilometers on at least two trails.



Trillium Award -

The trillium is Ontario's provincial flower, with three petals. These represent three trails you must hike for at least 150 kilometers. You must log a total of 950 kilometers.



Tamarack Award -

The tamarack is known for its multiple needles, representing the multiple trails you need to hike to log the required 1500 kilometers. You must hike at least 150 kilometers on each of at least three trails.

The VTA also has end-to-end crests and certificates available. See more details in the next newsletter.

We'd love to hear from VTA members who are participating in the long distance program. Anyone who hikes at least 550 kilometers must have many memorable stories to share!

Send your stories to:
cheryl.landmark@sympatico.ca
to be published in the next "Voyageur Trail News".

paddling Partners Are Back!!

by Carole Blaquiere

The system of "water trails" in the Algoma region provides countless paddling opportunities and the VTA - Saulteaux Section has sponsored many canoeing outings in the past. In recent years more and more people have taken up sea kayaking, due to the ease of paddling. These people are becoming frequent visitors on VTA water trail outings. This year the many water based events have considered these crafts to facilitate their use. Check out the outings planned over the summer and come join us.

Whether the vessel is a kayak or a canoe, water based outings are somewhat more risky than hiking. New guidelines have been drawn up to help manage the risks associated with the use of area water trails. The goals are to facilitate safe paddling outings as a part of the overall outing program and to encourage paddlers to join the Voyageur Trail Association.

As briefly as possible the guidelines are as follows. You can find further details on the website.

- Paddling outings will be led by VTA members who have sound paddling experience and whom have led at least 4 VTA hiking outings.
- Leaders must ensure that the outing is conducted as per the VTA "Paddling Conditions" and must re-schedule, cancel or re-route so that these conditions are met.
- Assumption of Risk – Paddling Outings must be signed by all participants prior to the outing.
- Leaders must have a first aid kit on board.
- Leaders must explain their capsize/rescue plan. (Rescue boats, rafting up etc.)
- Leaders must explain group management signals. (Whistle blasts, paddle signals etc.)
- Leaders must "lead by example" and wear their pfd's at all times (on water). They also must ensure that the participants of the event wear their pfd's.
- Participants must bring their own watercraft and all safety gear required by Coast Guard regulations and they must know how to use both the craft and the gear.
- Each craft must carry a water proof bag (dry bag) containing a change of clothes and towel in the event of a cold water immersion.
- Paddling outings may be limited to facilitate group management. (5 vessels per leader is recommended)
- Participants must call the trip leader and "register" for the outing at least 12 hours prior.
- All VTA sanctioned paddling outings will be "flatwater" outings.
- Crossings of broad expanses of open water are to be avoided.

- The entire group should stay together. All watercraft should be less than 50 meters distant from other watercraft in the group.
- Leaders and participants are reminded of the extreme dangers of cold water immersion. Wetsuits may be required on some outings.
- Mandatory Equipment per watercraft are a PFD/life jacket per person, a buoyant heaving line (15m), a bailer, a paddles, and a whistle. Kayakers must have a paddle float and a spare paddle.

Aspiring paddlers should bookmark the Paddling Partners page on the VTA web site at: <http://www.voyageurtrail.ca/paddling.html> or a link is provided from the Saulteaux Club page.

MANDATORY PADDLING SAFETY GEAR

With the revival of "Paddling Partners" we thought that it would be prudent to review paddling safety gear so we can all have a wonderful, fun filled water season.

In Canada, the Coast Guard requires paddlers to carry the following minimum safety items for canoes, kayaks and rowing shells less than 6m(19.8").

The following safety items are taken from Transport Canada's website (www.tc.gc.ca):

1. One Canadian-approved personal flotation device or lifejacket of appropriate size for each person on board.
2. One buoyant heaving line of not less than 15 m in length.
3. One manual propelling device . Spare paddles should be carried somewhere secure yet accessible while on the water.
4. One bailer or manual water pump fitted with or accompanied by sufficient hose to enable a person using the pump to pump water from the bilge of the vessel over the side of the vessel. A scoop-style bailer works in open canoes, but for the confines of a kayak cockpit a pump is best.
5. A sound- signalling device or a sound- signalling appliance.
The whistle supplied with most PDF's will meet this requirement.
6. Navigation lights that meet the applicable standards set out in the Collision Regulations if the vessel is operated after sunset, before sunrise or in periods of restricted visibility.

Safe paddling everyone!



VTA CO-ORDINATING COUNCIL

PRESIDENT:

vacant

VICE-PRESIDENT – WEST:

Duncan MacKay 807-825-3338

VICE-PRESIDENT – CENTRAL:

vacant

VICE-PRESIDENT – EAST:

Alan Day 705-848-8776

TREASURER/TOOLSINVENTORY:

Debbie Morettin 705-785-3247

GENERAL SECRETARY:

Carole Blaquiere 705-649-2235

MEMBERSHIP/LANDOWNERS:

Mike Landmark 705-779-3409

PUBLICITY DIRECTOR:

vacant

HIKEONTARIOREPRESENTATIVE:

Patrick Capper 519-524-9209

(alternate) vacant

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Bob Sinclair 705-946-3126

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Andy Stevens 705-856-2884

SAULTEAUX:

Gayle Phillips 705-942-1891

BRUCE MINES/THESSALON:

(volunteer contact needed)

PENEWOBIKONG:

Joanne Marck 705-843-2199

COUREURS DE BOIS:

Phill Barnes 705-848-8767

(For information on any of these positions [especially the vacant ones] please contact us at our toll-free number 1-877-393-4003.)

The VOYAGEUR TRAIL NEWS is published three times a year. Your articles and photos are welcome!

**Deadline for the next issue is:
August 1, 2009**

Mail to Cheryl Landmark, c/o Voyageur Trail Association, PO Box 20040, 150 Churchill Blvd., Sault Ste. Marie, ON P6A 6W3
Tel: 705-779-3409 or e-mail to: < cheryl.landmark@sympatico.ca >

Articles in this newsletter may be copied if credit is given to the Voyageur Trail Association.



Voyageur Hiking Trail Users' Code

- Hike only along marked routes. Do not take short cuts.
- Do not climb fences.
- Carry out all garbage (if you carry it in, you can carry it out).
- Light cooking fires at official campsites only. Drench fires after use. (or better still, carry a lightweight hiker's stove)
- Leave flowers and plants for others to enjoy.
- Do not damage live trees or strip off bark.
- Protect and do not disturb wildlife.
- Keep dogs under control (leash if necessary) and follow your club's guidelines concerning dogs.
- Respect the privacy of people living along the trail. Walk around the edges of fields, not across them.
- Leave only your thanks and take nothing but photographs.

BE A LOW-IMPACT HIKER!

For all your environmentally friendly spring cleaning, contact:

Frank Brooks (Polti Distributor),
J.B. Environmental Cleaning
186 Bruce Street
Sault Ste. Marie, Ont. P6A 6W3
Phone: 1-705-949-9560 Fax: 1-705-942-1477
Email: www.jbenviroclean.shawbiz.ca
(VTA Guidebooks also available here)



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NOTICE - HUB Trail Update

The blue blazes have been removed from the old Voyageur Trail section between Finn Hill and Northern Avenue. This section of the trail will be inaccessible for the next few months due to construction of the new HUB trail.



Looking to hide your millions?
Donations to the VTA are tax deductible!